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## **Five Uncommon Strategies to Help You Succeed in Online Dual Credit Courses**

### **1. Apply the Feynman Technique**

This technique involves explaining a concept as if you were teaching it to someone with no prior knowledge, such as a young child. Start by selecting a topic you're struggling with, write down everything you know about it in simple language, and identify gaps in your understanding. Research these gaps, then revise your explanation. This method clarifies complex concepts and reinforces your knowledge.

### **2. Incorporate Pomodoro with Micro-Exercises**

The Pomodoro Technique involves working for 25 minutes and then taking a 5-minute break. During these breaks, perform micro-exercises like stretching, deep breathing, or a quick walk around the room. This combination not only keeps you focused and prevents burnout but also increases your physical activity, which can enhance brain function and improve concentration.

### **3. Use Mind Mapping for Complex Topics**

When you encounter a challenging subject, create a mind map. Start with the main topic in the center of a blank page and branch out into subtopics, key points, and supporting details. This visual representation can help you see the relationships between different ideas, making it easier to comprehend complex information and recall it during exams.

### **4. Leverage Audiobooks and Podcasts**

Search for audiobooks or podcasts related to your course material. Listening to content while doing other activities can reinforce learning without requiring extra study time. Additionally, hearing the material presented differently can provide new insights or help clarify concepts. (And YouTube probably has a lot of videos, too!)

### **5. Create a Digital Accountability Group**

Form an accountability group with fellow students using a messaging app or social media platform. Set regular check-ins where you share your progress, set goals, and offer support or resources to each other. This strategy keeps you motivated, as knowing you will need to report your progress can encourage you to stay on track.