

At New Mexico Highlands University (NMHU), students majoring in Exercise and Sport Sciences can take introductory Computer Science courses to complement their major. Typically, these might include:

1. **Introduction to Computer Science (CS 101):** An entry-level course that covers the basics of programming, problem-solving, and the use of computers.
2. **Programming Fundamentals (CS 201):** This course dives into programming concepts and techniques, often using a language like Python or Java.
3. **Data Structures and Algorithms (CS 202):** A course that introduces data structures (like arrays, lists, and trees) and algorithms for solving computational problems.
4. **Introduction to Web Development (CS 203):** Focuses on creating and maintaining websites, which could be useful for managing sports or fitness-related content.
5. **Introduction to Database Systems (CS 204):** Covers the basics of databases, including design, querying, and management, which can be useful for handling sports data.

These courses provide foundational skills in computing and programming that can be useful for managing data, creating applications, or analyzing performance in the field of Exercise and Sport Sciences. It's a good idea to check NMHU's current course catalog or speak with an academic advisor for the most accurate and up-to-date information.